



Canning for Preppers (Paperback)

By Bill Cobb

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Canning, Prepping, and Food Preservation Preppers know that one of the most important things in their stockpile is a steady source of food. But most people just go out to the store and waste money buying a bunch of boxed garbage that isn't healthy and won't provide the proper nutrients you need to survive any situation. But there is a much better way - canning! With this guide, you'll learn the ins and outs of canning and preserving food for any survival situation. You'll learn: - What exactly canning is - Why you should worry about canning and preserving - The many benefits of homemade canned foods - Basic food preservation methods (canning, drying, freezing, etc.) - The differences between Pressure Canning and Water Baths - What equipment you'll need to do it the right way - Much, much more! So, don't wait. Pick up Canning for Preppers today and get started right away. You and your family's safety may just depend on it! Related search terms: Prepping, Prepper, Canning, Food Preservation,...

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It is fantastic and great. Sure, it is perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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