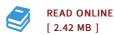




Embracing the Heart, Engaging the Mind: Universal Stories of Resilience

By Joseph Richard Dunn

Psychology Etcetera, United States, 2009. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book ****** Print on Demand ******. People do not live to be two or three thousand-years-old, but their stories do. Stories bring us as close to immortality as we can experience in this life. Embracing the Heart, Engaging the Mind: Universal Stories of Resilience (with commentary) offers an array of 65 teaching or wisdom stories from around the world that have been passed down from generation to generation. The stories come from a variety of cultures and traditions including Rabbinical (Jewish), Sufi, Zen, and Christian. They come from Europe, the East, the Middle East, Africa, and the Americas. Each story is followed by commentary which is mostly psychological in nature with some social and spiritual observations. A few of the stories have an historical basis and are modern; however, most are traditional and date back centuries. The Introduction begins, In the beginning, before there were psychologists, consultants, and experts, there were stories. The theme of the book is developing psychological resilience, that is, not only surviving but thriving in spite of facing life obstacles. Some would refer to the theme as positive psychology....



Reviews

It is simple in read through safer to comprehend. This is for anyone who statte that there was not a really worth reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Samanta Klein

The publication is simple in go through preferable to fully grasp. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Mrs. Josiane Collins

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Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****. ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to expand and inspire young minds; this is



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