



Non-Drug Treatments for ADHD: New Options for Kids, Adults, and Clinicians

By Richard P. Brown, Patricia L. Gerbarg

WW Norton & Co. Hardback. Book Condition: new. BRAND NEW, Non-Drug Treatments for ADHD: New Options for Kids, Adults, and Clinicians, Richard P. Brown, Patricia L. Gerbarg, The prolific use of drugs to treat ADHD stirs heated debate in therapy and parenting circles today. Is this medication really going to improve my son's symptoms? How best can I help my patient and her parents manage this difficult disorder? Will the side effects of this drug outweigh the benefits? What are my other options? Because ADHD affects every facet of life, from psychosocial development and peer relationships to family dynamics and academic and job performance, the need for better-that is, safer and more effective-treatments is urgent. Here, seasoned clinicians Pat Gerbarg and Richard Brown, known for providing the latest breakthroughs in integrative mental health treatments, draw on over 30 years' clinical experience to offer a range of scientifically-grounded complementary and alternative treatments for parents and professionals alike. Studies show that children with untreated ADHD are at greater risk for substance abuse, unemployment, accidents, and criminal behavior, in addition to learning disabilities, anxiety disorders, social phobia, depression, and bipolar disorder. And yet, individuals with ADHD often bring a great deal of energy,...



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