



Don t Go to Bed Angry: Stay Up and Fight (Paperback)

By Deb DeArmond

Abingdon Press, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. In every marriage, there is conflict. And with every conflict, there is a choice for resolution. Will you ignore the issue until it seemingly goes away? Or will you work together to find peace? In Don t Go to Bed Angry, Deb and Ron DeArmond give you permission to fight. Conflict isn t the problem, after all; the real issue is how we deal with the conflict. Deb and Ron demonstrate how communication through conflict can safeguard--and even strengthen--your relationship. Immensely practical features including worksheets and discussion questions make this a definitive go-to resource to help you start fighting--together--for your marriage. PRAISE FOR DON T GO TO BED ANGRY: Don t Go to Bed Angry. Stay Up and Fight! packs a one-two punch into the gut of all marital conflict no matter the source. The book is both transparent and practical, offering couples a variety of proven tools to develop marital muscles to knock out every opponent, and arise as Christ-like champions. An incredible resource! --Clint and Penny A. Bragg, Authors of Marriage on the Mend--Healing Your Relationship After Crisis, Separation, or Divorce and founders, Inverse...



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