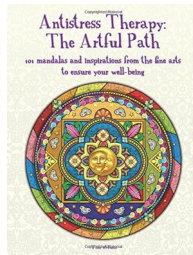


## Antistress Therapy: The Artful Path: 101 Mandalas and Inspirations from the Fine Arts to Ensure Your Well-Being



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