



Wholly Holy Health: 30 Days to Finding a Holier and Healthier You (Paperback)

By Piper Harris

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Piper Harris originally wrote this 30 day devotional to assist a group of women trusting her to help them gain wholly, holy healthy lives. 30 days of devotional exercises help women to identify eating habits, trust issues, body image problems, and opposition. Using God's Word helps readers to explore their health hindrances and create healthier lifestyle.



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