



## From Alcoholism To Moderation

By Sylvanus J. Diel

Xulon Press. Paperback. Condition: New. 52 pages. Dimensions: 8.3in. x 5.3in. x 0.2in. This book informs you about the problem of alcoholism and offers the only known cure. Follow the suggestions and any alcoholic can return to moderate drinking without fear of becoming an alcoholic again. This method uses natural nutritional information with suggested foods and supplements, with some use of a small amount of alcohol during the process. This is the way we work with our body rather than against it. The key is to correct the craving for alcohol. This addiction to alcohol may start at an early age by continued poor eating habits. To affect the cure, this will require a nutritional change in the behavior of the individual. Without this change the person will remain an alcoholic. My program ultimately results in a healthier individual who can drink responsibly. Sylvanus J. Diel has over fifty years of self-study from world-wide authorities on natural health and nutrition and is a student of the Scriptures. He is a Life Member of the National Health Federation, a non-profit Health Advocacy Organization. In addition, while Director of the Diel Institute of Health and Nutrition; he had the opportunity to help people...



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