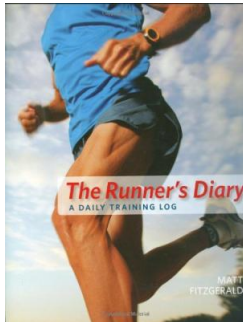


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## THE RUNNER'S DIARY: A DAILY TRAINING LOG



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- Authored by Matt Fitzgerald
- Released at 2008



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