



An Introduction to the Lightning Process

By Phil Parker

Paperback. Book Condition: New. Not Signed; You may have already heard about the extraordinary results achieved by people using the Phil Parker Lightning Process[registered] to transform and enhance their lives, health and success. This book has been designed both as an essential first step for all those intending to take a Lightning Process[registered] seminar and also as a resource for discovering more about this unique training programme. Thousands worldwide have achieved extraordinary results using the Phil Parker Lightning Process[registered]. The Lightning Process[registered] can bring about incredible results in many areas where nothing else has worked, including: Chronic Fatigue Syndrome/ME; Multiple Sclerosis; IBS/Digestive Issues; Chronic Pain; Addiction; Depression; Weight Loss; Low Self-Esteem; Anxiety/Stress/Panic Attacks; and Eating Disorders. Transform your health and wellbeing by learning the first steps of one of the most empowering mind-body trainings in the world. book.



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Reviews

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