



Wu style Taijiquan body with Daquan(Chinese Edition)

By Ji ChangHong

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Language: Chinese. Publisher: Chinese Literature and History Press. Publication Date: November 2004. This book presents an overview of Wu style Tai Chi. Wu-style tai chi routines and use 108-style illustrations. Essentials of 68 type Wu style Taijiquan routines and use of diagrams. Wu style Taijiquan seventy Road usage diagrams and so on. Catalog Part I Overview of Wu style Taijiquan. Wu-style Tai Chi formation and development of military-style tai chi style tai chi footwork and agility Wu Wu-style tai chi technique Part II 108-type routines and use 108-style graphic Wu style Taijiquan routines and use diagrams and a description of Wu style Taijiquan essentials 108 Wu style Taijiquan style name order and routine use of 108 type III diagram essence of 68 type Wu style Taijiquan routines and use of graphic essence of Wu style Taijiquan routine 68-style essentials with the use of diagrams and a description of Wu style Taijiquan Essentials 68-name order Wu style Taijiquan Essentials 68-style routines and the use of graphic IV Road Wu style Taijiquan seventy temporary use graphical bunt Wu style Taijiquan seventy Road short description of...



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