



Behind the Mask: Dealing with Anger, Grief, and Rejection (Paperback)

By Diana Ketterman

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Behind the Mask: Dealing with Anger, Grief, and Rejection is a workbook for ages 13 to adult. The fifteen lessons are targeted as a high school curriculum to be used across the board for all students. The purpose is to help students learn the importance of being authentic with others and themselves. It teaches the reader to identify what it is they need, and how to ask for help in getting their needs met. The reader learns that outward expressions are not necessarily a true projection of how one feels inwardly. A story is presented about a boy who has lost his mother in a car accident after she was hit by a drunk driver. The boy and his father are left alone with their grief, each afraid of losing the other. The reader will observe the stages of grief and the effects life's impacts has on each of us. Examples of the five powerful life impacts of genetics, experiences, physical injury, psychological trauma, and environmental loss are presented. A contrast between mental health and physical health is given, with an...



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The book is fantastic and great. It is filled with wisdom and knowledge I am just easily will get a enjoyment of looking at a composed publication.
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HarperCollins Publishers Inc, United States, 2016. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book. An international bestseller, Barbara Coloroso s groundbreaking and trusted guide on bullying-including cyberbullying-arms parents and teachers with real solutions for a...



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I Wish My Teacher Knew: How One Question Can Change Everything for Our Kids (Hardback)

The Perseus Books Group, United States, 2016. Hardback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. One day, third-grade teacher Kyle Schwartz asked her students to fill-in-the-blank in this sentence: I wish my teacher knew . The...