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School of Physical Education (Classic Reprint) (Hardback)

By Chautauqua Institution Chautauqua

Forgotten Books, 2018. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Excerpt from School of Physical Education The location of Chautauqua is especially favorable for summer work, it being feet above sea level and on the shore of a large lake. The air is always cool at night and only in the height of a warm wave is the day uncomfortable for hard work. The facilities for gymnastic work were extended last year by the construction of a new building at the rear of the bath houses. This building is 40 by 64 feet in floor dimensions and is unique in gymnasium architecture, in that the sides are entirely open above a wainscoting six feet high. These open sides can be closed by canvas curtains in storms or when the wind is uncomfortably strong. This new building is devoted to Swedish gymnastics, medical gymnastics, and general classes for women and children. Each gymnasium is well equipped with apparatus for both light and heavy gymnastics and the rooms for clinical purposes are well supplied with the Swedish, German and American appliances for the treatment of various forms of abnormality. About the Publisher Forgotten Books publishes...

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