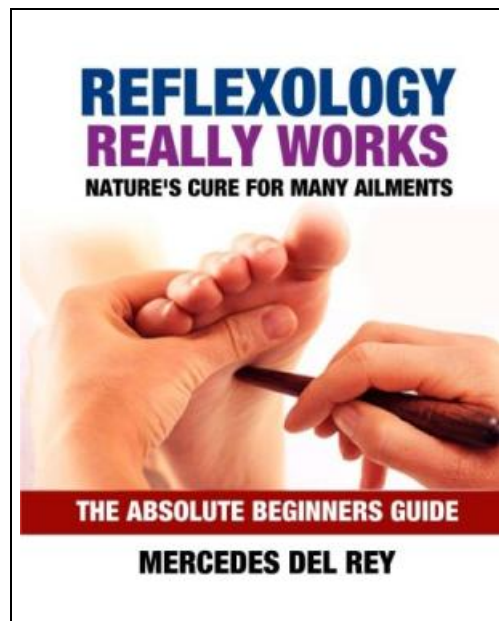


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Reviews

An extremely great ebook with perfect and lucid answers. This is certainly for anyone who stante that there was not a well worth looking at. Its been designed in an exceptionally simple way and is particularly only soon after i finished reading through this ebook in which actually transformed me, modify the way in my opinion.

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REFLEXOLOGY REALLY WORKS (PAPERBACK)



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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Amongst the many ancient traditions of non-invasive healing and diagnosis techniques, the traditional art of Reflexology stands out today as one of the most popular and one of the best-known ways to relieve an incredible array of physical conditions. Known throughout Asia as a highly-skilled method of treating the entire body, the technique relies on the connection that exists between individual parts of the foot and the corresponding parts of the body. By massaging a specific part of the foot, the therapist gains direct access to the corresponding part of the body that requires treatment. It s simple. It s direct and it s highly effective. Now you can learn to apply these ancient techniques to yourself or to others. The results might easily surprise you. Tracing its origins to the ancient and sophisticated medical traditions of the Indian sub-continent, the methods were carried across most of Asia, often refined, and widely employed as a recognised and effective healing technique wherever they were practised. It s easy to understand how popular Reflexology has become because most of us absolutely adore having our feet treated by an experienced therapist. It s a treat that you have to experience to appreciate. If you re new to the wonders of Reflexology, this is a great place to start. Amongst a treasure-trove of information, you can learn: - The precise connections between clearly-defined areas of the feet and the rest of the body - Essential points for relieving an extraordinary range of conditions - How to restore a deep sense of calm and combat adrenal stress - The best points for stimulating energy - Techniques for improving digestion and relieving constipation - The points for eliminating...



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