



## No Mind Left Behind: Understanding and Fostering Executive Control--The Eight Essential Brain Skills Every Child Needs to Thrive

By Adam J Cox

Penguin Putnam Inc. Paperback / softback. Book Condition: new. BRAND NEW, No Mind Left Behind: Understanding and Fostering Executive Control--The Eight Essential Brain Skills Every Child Needs to Thrive, Adam J Cox, From the cutting edge of brain science, eight crucial skills for children's future success now in paperback. From a clinical psychologist who has devoted his clinical and research work to the study of executive control skills, here is a program for helping children master the eight essential cognitive skills that are critical for success in life in work: a[ Taking initiative a[ Screening out distractions a[ Organizing a[ Thinking flexibly a[ Planning a[ Regulating emotions a[ Self-monitoring a[ Using memory effectively Using case studies and anecdotes, Dr. Cox presents a comprehensive and practical plan for parents. The book addresses special-needs children as well as neurotypical children, and includes practical suggestions for parents and educators.



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