



## ADHD - Reflections on a Hidden Disability

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By Angel Crouch

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Mental health and wellbeing are often overlooked in the UK, and understanding ADHD can be especially difficult for those with the condition, as well as those parenting teenagers and children with ADHD. It is a condition that affects learning and development, and in a society where understanding can be hard to come by, this can also have long term effects on the personal growth of children with ADHD. Speaking from personal experience with ADHD, Angel Crouch, a qualified Specialist ADHD Family Support Practitioner, aims to dispel fallacies surrounding this hidden disability, promoting the health and wellbeing of those diagnosed with the condition. By showing teachers and those parenting teenagers and children with ADHD more positive methods for the learning and development of individuals with the condition, it is hoped that the damaging impact on personal growth and mental health can be avoided.



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