



## Blue Journal

By Speedy Publishing LLC

Speedy Publishing LLC, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Journals offer a wonderful space for collecting thoughts, memories, and even quotations. It can be very healthy and even revealing to have a safe space for expression and reflection. Read on for three reasons by someone may need a blue journal. 1. Record Dreams What does the color blue signify to you? It may signify clouds and daydreaming, and even any kind of dreaming. A blue journal is a perfect journal to record dreams. When you see your dreams written down, you can remember them and consider how your dream thoughts relate to your waking thoughts and current life events. Keep your blue dream journal and a nice pen close to your bed so that you can easily records dreams immediately after you wake up. 2. Vacation Journal Perhaps the color blue makes you think of blue water and vacations. A blue journal is a great space to record vacation itineraries, memories, and details. Experiencing a change of scenery can also be very illuminating, and a blue journal offers a perfect space for exploring any new...



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