



The Truth: Diary of a Gutsy Tween

By Barbara Becker Holstein

Skyhorse Publishing. Hardback. Book Condition: new. BRAND NEW, The Truth: Diary of a Gutsy Tween, Barbara Becker Holstein, Growing up is tough. Adults don't always understand you (even though they were once kids), and children today face increasing pressure to be, look, or act a certain way. Written in the voice of a girl on the cusp of becoming a teenager, The Truth provides young girls with an opportunity to see how a girl, who is in many ways like themselves, handles her toughest problems and most personal thoughts. Each new page brings forth a discussion to help girls handle everyday problems: How do you survive a bully? How do you handle a crush on a boy? What can you do about relentless teasing by your peers? What really matters as you grow older? In a positive and supportive diary-entry format, Dr. Barbara Becker Holstein encourages tween girls to carry the most precious parts of themselves into adulthood. A great book for mothers and daughters to read together, The Truth is aimed to improve communication, understanding, and self-esteem for young girls as they enter the rocky road of teenager-dom.



Reviews

This book is wonderful. It really is writter in easy words and never difficult to understand. I am quickly can get a satisfaction of reading a created ebook.

Totally among the best ebook I actually have ever go through. It is probably the most awesome ebook we have go through. You can expect to like just how the blogger publish this ebook.

-- Emiliano Murphy

Other Kindle Books



Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters!

ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on The Huffington Post, igniting countless conversations online...



Growing Up: From Baby to Adult High Beginning Book with Online Access

Cambridge University Press, 2014. UNK. Book Condition: New. New Book. Shipped from US within 10 to 14 business days. Established seller since 2000.



The Diary of a Goose Girl (Illustrated Edition) (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. Claude A Shepperson (illustrator). Illustrated. 229 x 152 mm. Language: English . Brand New Book ****** Print on Demand *****. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children's author and educator....



The Diary of a Goose Girl (Illustrated 1902 Edition)

Echo Library, United States, 2008. Paperback. Book Condition: New. Illustrated. 203 x 127 mm. Language: English . Brand New Book
***** Print on Demand ******.Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was
born in...



The Red Leather Diary: Reclaiming a Life Through the Pages of a Lost Journal (P.S.)

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You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the fact that her mother winced a little...