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Medicinal Teas: Top 25 Herbal Teas for Healthy Living and Healing Every Ailment (Paperback)

By Brandy Bain

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Getting Your FREE Bonus Download this book, read it to the end and see BONUS: Your FREE Gift chapter after the conclusion. Medicinal Teas: (FREE Bonus Included) Top 25 Herbal Teas For Healthy Living And Healing Every Ailment Maybe you have a box of peppermint tea sitting in your cabinet that you have tried when you were suffering from indigestion or maybe you have tried ginger tea when you have a cold, these teas are the simplest medicine available to us. The teas that you purchase at the store are the simplest of the simple, the truth is, that most plants work better when they are combined with other plants. You see, when we find plants in nature, it is rare that we will find them growing alone, but instead, we will find a whole community of diverse plants growing next to each other. Blending tea is much the same, we do not want to just use one herb, flower, or spice when we are creating herbal teas because we already know, the plants are going to work better together. Since...

Reviews

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