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Save Your Life with Stupendous Spices: : Becoming PH Balanced in an Unbalanced World (Paperback)

By Blythe Ayne

Emerson Tilman, Publishers, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Turmeric has undergone thousands of biomedical studies, resulting in the discovery of over six-hundred medical applications. Its active ingredient is an antioxidant compound more effective than vitamin e. Turmeric protects DNA strands from breakage. It is anti-inflammatory, antiseptic, antibacterial, and anti-microbial, used to treat cancers, Alzheimer s disease, arthritis, liver disease, heart conditions, diabetes, depression, weight loss, and more! Ginger has anti-inflammatory, anti-fungal, anti-ulcer, anti-tumor, antioxidant and antibacterial properties. Commonly known for relieving migraine headache, motion sickness, and morning sickness, its antioxidant and bioactive compounds are powerful enough to inhibit the inflammatory responses of Alzheimer s and Parkinson s diseases, while its phytonutrients stop ovarian cancer cells in their tracks. Cinnamon is an excellent source of manganese, fiber, and calcium. It is antibacterial, antimicrobial, antifungal, antioxidant, and anti-inflammatory, and has been used to treat everything from toenail fungus to Alzheimer s disease. It kills bacteria, and is used to treat constipation, diarrhea, staph infections, pneumonia, and food poisoning. A few drops of cinnamon leaf oil in water is a powerful disinfectant for kitchen and bath. Sea Salt helps keep the body alkaline. It...



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