



## Dinner: The Playbook: A 30-Day Plan for Mastering the Art of the Family Meal

By Jenny Rosenstrach

Ballantine Books, United States, 2014. Paperback. Book Condition: New. 201 x 152 mm. Language: English . Brand New Book. NEW YORK TIMES BESTSELLER Three signs you need this book: 1) Chicken fingers qualify as adventurous. (Hey, they re not nuggets.) 2) You live in fear of the white stuff touching the green stuff. 3) Family dinner? What s family dinner? When Jenny Rosenstrach s kids were little, her dinner rotation looked like this: Pasta, Pizza, Pasta, Burgers, Pasta. It made her crazy--not only because of the mind-numbing repetition, but because she loved to cook and missed her prekid, ketchup-free dinners. Her solution? A family adventure: She and her husband, Andy, would cook thirty new dishes in a single month--and her kids would try them all. Was it nuts for two working parents to take on this challenge? Yes. But did it transform family dinner from stressful grind to happy ritual? Completely. Here, Rosenstrach--creator of the beloved blog and book Dinner: A Love Story --shares her story, offering weekly meal plans, tons of organizing tips, and eighty-plus super-simple, kid-vetted recipes. Stuck in a rut? Ready to reboot dinner? Whether you ve never turned on a stove or you re just starved...



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