



Protecting Your Greatest Asset: Your Mind (Paperback)

By Merica Cox

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. The greatest battlefield is the mind and the greatest human struggles occur within the mind. This fascinating and easy to read book offers a clearer understanding of these clashes, and shows you how to handle them to become victorious. This refreshing non-fiction book uses a colourful and eclectic mix of content (from bible quotes and stories to some very memorable everyday real-life anecdotes) to present its wealth of ideas and thought-provoking perspectives. It tackles such broad-ranging topics as the connection between spiritual and physical health, shares insights into the catastrophic consequences of drug addiction and peer pressure, and discusses the inner turmoil of the late Michael Jackson. Protecting Your Greatest Asset: Your Mind is an intelligent fusion of mental health awareness, religious references and modern-day evaluations. The author shares her findings and thoughts with clarity, authenticity and a directness which will compel you to keep reading - and, no doubt, reflect on your own life at times too.



Reviews

Great eBook and beneficial one. It is packed with wisdom and knowledge You wont really feel monotony at at any time of your respective time (that's what catalogs are for relating to if you check with me).

-- **Maiya Kozey**

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

-- **Dr. Sarai Fisher DDS**