



How to Improve your Memory for Study (Paperback)

By Jonathan Hancock

Pearson Education Limited, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. This book will show you how to use memory to revolutionise the way you study. It combines the latest research about how the memory works with practical strategies for putting it to use in every aspect of study. How To Improve Your Memory explores everything we know about the thinking and learning skills required to succeed. It's about developing a smart and efficient approach, using the brain at its best, and taking the stress and strain out of study in all its forms. This text is designed to interest, reassure, inspire, train and, ultimately, to make studying in all its forms more enjoyable and more successful.



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