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Zen of Seeing

By HH the Dalai Lama, Rajshree Sarabhai

Mapin Publishing Pvt. Ltd., 2007. Hardcover. Book Condition: New. First edition. In the age of click-and-delete digital photography when we seem to consume photographs every day, it's hard to make an image have meaning and value. Photography is essentially about recording the ordinary? but looking hard enough at the ordinary to find something that will make an arresting image. No painting or drawing, however realistic it is, can be considered to belong to its subject the way a photograph does. With digital photography and mobile cameras, we record moments to be discarded with such enthusiasm that it is hard to find images that contain the value of looking and observing. Rajshree Sarabhai's Zen of Seeing makes an effort to bring value back into the act of seeing and observing. Inspired by nature : Her book comprises a collection of photographs, close-ups and tight compositions that capture the colour, texture and serenity of nature. Sarabhai has an eye for detail and colour; this is obviously someone who loves nature and has spent devoted hours observing and capturing everyday flowers and ferns in extraordinary, almost surreal, ways. Some of her compositions make flowers such as the common Blue Dawn Glory almost...



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