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FRUIT SMOOTHIE RECIPES (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Fruit Smoothie Recipes With our hectic on the go schedules of today, it is often difficult to eat healthy. We know that we should eat more healthy things such as fruits, but instead we grab a bagel loaded with cream cheese or have a cheeseburger dripping with fat. Wouldn't it be great if instead of junk food we had recipes...

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- Authored by Laura Sommers
- Released at 2016



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Reviews

The publication is straightforward in study better to fully grasp. It is definitely simplistic but excitement inside the 50 percent of your publication. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Mazie Johns IV**

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