



Commando Dad: Raw Recruits: From Pregnancy to Birth

By Neil Sinclair

Hodder Stoughton General Division, United Kingdom, 2014. Paperback. Book Condition: New. 202 x 151 mm. Language: English . Brand New Book. Commando Dad Raw Recruits is a must-have manual for all dads-to-be. It demystifies pregnancy and childbirth; provides the essential back-up information men need to support their partners and prepares them for the radical changes to their life that a new BT (baby trooper) will inevitably bring. It is packed with straightforward advice, guidance, clear diagrams, advice and tips. This accessible guide is loosely based on the British Army's Basic Battle Skills - and has a light-hearted military flavour throughout. With Commando Dad's rules and specially adapted military phrases such as: deployment date (due date); BT (baby trooper); CO (Commanding Officer - the person in charge - or, in this context, the mum-to-be), Deployment Kit List (the essential kit needed for the birth) and Sensory Overload (used to explain the situation when you get so overwhelmed with new information being thrown at you that it impacts your ability to act effectively) - this a fun but ultimately useful book for every man about to embark on his greatest ever mission: fatherhood.



READ ONLINE
[6.25 MB]

Reviews

This book is great. it absolutely was writtern quite properly and beneficial. Its been written in an extremely basic way and it is merely after i finished reading through this ebook in which basically changed me, affect the way i really believe.

-- **Leopold Schmidt**

Undoubtedly, this is the very best job by any article writer. It can be rally interesting through studying time. Your way of life period is going to be transform as soon as you comprehensive reading this article pdf.

-- **Louie Will**