



I m Chocolate, You re Vanilla: Raising Healthy Black and Biracial Children in a Race-Conscious World

By Marguerite A Wright

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. A child s concept of race is quite different from that of an adult. Young children perceive skin color as magical--even changeable--and unlike adults, are incapable of understanding adult prejudices surrounding race and racism. Just as children learn to walk and talk, they likewise come to understand race in a series of predictable stages. Based on Marguerite A. Wright s research and clinical experience, I m Chocolate, You re Vanilla teaches us that the color-blindness of early childhood can, and must, be taken advantage of in order to guide the positive development of a child s self-esteem. Wright answers some fundamental questions about children and race including: What do children know and understand about the color of their skin?When do children understand the concept of race?Are there warning signs that a child is being adversely affected by racial prejudice?How can adults avoid instilling in children their own negative perceptions and prejudices? What can parents do to prepare their children to overcome the racism they are likely to encounter? How can schools lessen the impact of racism? With wisdom and compassion, I m Chocolate, You re Vanilla spells out...



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