



Symmetrybreakfast: 100 Recipes for the Loving Cook (Hardback)

By Michael Zee

Powerhouse Books, 2016. Hardback. Condition: New. Language: English . Brand New Book. SymmetryBreakfast: 100 Recipes for the Loving Cook is a cookbook about the most important meal of the day--how to make it with love, present it with style, and eat it with pleasure. A guide to feeding not only your own soul, but the souls of your loved ones too. Alongside 90 internationally inspired recipes, gorgeous photography shot entirely on an iPhone, and lessons in the art of food-styling, this unconventional cookbook explores what breakfast is and what it means to people around the world. Surprising with the foreign and delighting with the familiar, it offers ideas for perfectly plated assembly breakfasts to more complex dishes for seasoned cooks, and all recipes with great stories behind them. For foodies and feeders alike, SymmetryBreakfast will cheer you up, make you hungry, and change the way you think about breakfast. SymmetryBreakfast started as a phenomenally popular Instagram incorporating world cuisines, contemporary design, and a story of love over the meal of breakfast. Michael s Instagram has been featured in The Guardian, Washington Post, Telegraph, Sunday Times, and endorsed by Jamie Oliver.



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