



Developing Gestalt Counselling

By Jennifer Mackewn

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Developing Gestalt Counselling, Jennifer Mackewn, 'In this eminently sensible, practical and thought-provoking book, Jennifer Mackewn takes gestalt light years forward towards a synthesis and integration of psychological styles and away from what she describes as "Perlism". I agree with her: this is a book for therapists, not principally for gestaltists. In inviting the reader to "pick and choose" from the many and varied, always practical, hands-on approach chapters. Jennifer Mackewn hopes we will both enjoy her book and find it of use. This reader, commending the book to you all, has no doubt that both her hopes will be fulfilled' - Self & Society Describing contemporary integrative Gestalt counselling and psychotherapy, this book addresses 30 key issues which will help both trainee and practising counsellors examine and improve crucial areas of their work. The field theoretical and relational model which underpins the book suggests that therapy is a complex process which requires therapists to be intuitive and self-aware while engaging in a number of interrelated therapeutic tasks. The importance of meeting clients person-to-person in a meaningful relationship is highlighted. Jennifer Mackewn encourages counsellors to focus on areas that they may feel need special attention,...



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Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

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