



Defining and Redefining Emdr (Paperback)

By David Grand Phd

Emdr Treinamento E Consultoria Ltda, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book presents new clinical strategies involving EMDR, a new psychotherapeutic approach that represents a new paradigm for treatment of trauma and difficult memories. It includes diagnostics, work with Ego States and integration with psychodynamic psychotherapy, body processing and new proposals for performance enhancement, especially with actors and athletes. Written in simple, but profound language, the author, David Grand, Ph.D., also presents two complete sessions transcribed verbatim from his private practice in New York. He also takes the time to answer frequently asked questions about different applications of EMDR, such as, stuttering, self-use, fear of flying, and finishes off with instructions on the use of BioLateral sound recordings. David Grand Ph.D., maintains a private practice of psychotherapy and performance enhancement in New York. He s given numerous classes and conferences about EMDR in the United States and other parts of the world. He s been interviewed on the radio program NBC Extra, in the New York Times, the Washington Post and Newsday. He has a Doctorate from the International University and a Certificate in Psychoanalytic Psychotherapy from the...



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