



Thinking About Retirement? Think Again: Goal Exploration and Employment Strategies for Midlife and Beyond

By Barbara Hildner

Frederick Fell. Paperback. Book Condition: new. BRAND NEW, Thinking About Retirement? Think Again: Goal Exploration and Employment Strategies for Midlife and Beyond, Barbara Hildner, This is a practical guide to help mid-life and older adults evaluate their present status and explore life options. By means of a specific, step-by-step easily read style, individuals are guided in evaluating their assets and present status, exploring alternatives, setting goals and implementing specific job search, business, volunteer or other retirement strategies. New thinking is needed to assist men and women at midlife and beyond in dealing with new realities. The timelines of this book is clear, and it will provide the catalyst to get individuals started in thinking about their futures, and assist in establishing and realising their goals. Interspersed with case histories presenting situations to which the reader can identify, the book should appeal to all those at a certain stage in life seeking a career challenge regardless of their occupational and educational skills level.



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