



DOWNLOAD



Memory Squared: Why Maximizing Your Capacity for Information Can Skyrocket Your Productivity, Success and Happiness (Paperback)

By Modern Psychology Publishing

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Do you wish you had a better memory? Are you tired of forgetting details of important events, or just not able to recall names and numbers with ease? Maybe you are a student and are looking for a way to drastically improve your study habits. Or, perhaps you are looking for a technique to recall huge amounts of information to impress your friends at a party. Whatever the case, developing a powerful memory is an amazing tool that can not only reduce stress, allow you to accomplish more and impress others - but actually be fun to learn! Imagine having a house full of empty closets. You have all this extra space, but it never gets put to use. The empty space is a lot like your memory capacity. Your brain is capable of retaining far more information than most of us will ever use - In fact only 20 of your brain s memory forming neurons are used in creating your memories. Just think what you could do if you took advantage of the amazing capacity of your own cognitive...



READ ONLINE
[4.38 MB]

Reviews

Certainly, this is actually the best function by any article writer. It is actually written in straightforward words and never confusing. Your life period is going to be converted once you total looking over this ebook.

-- **Mrs. Yolanda Reilly V**

This publication will never be effortless to get started on reading through but very fun to read. It is actually loaded with knowledge and wisdom You will not truly feel monotony at anytime of the time (that's what catalogues are for about in the event you check with me).

-- **Marlin Bergstrom**