



Mai Piu Lavarsi I Denti Con Lo Spazzolino! (Paperback)

By Piero Dds P

P., Piero D.D.S., 2015. Paperback. Condition: New. Language: Italian . Brand New Book ***** Print on Demand *****.Even though you may brush your teeth diligently and consistently every day you still have bacteria, viruses, biofilm and even worm-like creatures living in, on, and around your teeth? Between 30 billion and 100 billion bugs live in your mouth right this second-even if you just brushed your teeth. They are so resilient that even after a mere three hours from your ordinary brushing and flossing, the organisms can return-causing numerous health problems affecting more than just your mouth. These persistent organisms can cause not only periodontal disease, but may also contribute to other health problems including diabetes, heart disease, COPD, arthritis and even many cancers. So how can you begin to fight off these organisms taking over your mouth and health? Brushing, flossing and mouthwash are not enough. One reason is that everyone has different brushing habits and techniques. Some people miss the same spots repeatedly. Some brush too hard and damage the root structure. Some only spend seconds brushing their teeth, while others take more time to get the job done. Not to mention that the brush you use today is...



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Reviews

Very beneficial to all of type of individuals. This can be for those who statte that there had not been a really worth reading. You will not really feel monotony at at any time of your respective time (that's what catalogs are for concerning should you ask me).

-- **Michale Shields**

This publication is great. It really is packed with knowledge and wisdom Your daily life period will probably be transform when you complete reading this article book.

-- **Wilford Metz**