



## Move to Learn

By Caroline Scott

Speechmark Publishing Ltd, United Kingdom, 2008. Spiral bound. Book Condition: New. 1st New edition. 297 x 210 mm. Language: N/A. Brand New Book. Masses of activities based on the premise that movement, particularly if it is specific and intentional, enhances learning. Move to Learn is a movement programme for children aged five to eight years, delivered in sessions, working one-to-one with an adult or as a small group. Use the programme to liven up a day, provide a brain break in the curriculum or as a complete change for a pupil who is having an emotionally challenging day. Moving promotes learning and other outcomes will follow: Emotional - encouraging happy, secure, confident, motivated and positive emotional states in the limbic system of the brain to support a sense of well-being; Cognitive - using movement to create and strengthen neural pathways, to integrate brain activity and develop whole brain learning; Motor - enabling children to develop their gross and fine motor skills, and to understand being active or calm and to know the difference; Social - using activities to have fun and play together, and to interact and build good relationships; and, Language - to encourage good listening skills and attending...



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