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KETOGENIC SOUS VIDE COOKBOOK: 250 KETO DIET RECIPES FOR SOUS VIDE (PAPERBACK)



Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Cooking in Sous Vide might seem something very complex that only professional cooks can do but we can prove to you that this is a misconception! Sous Vide cooking is actually pretty easy as long as you know cooking times and temperatures and as long as you follow the right instructions! Also, following a Ketogenic diet might seem a bit hard to...

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- Authored by Jennifer Evans
- Released at 2018



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Reviews

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