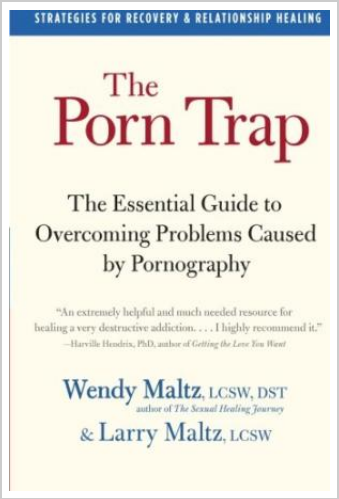

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The Porn Trap: The Essential Guide to Overcoming Problems Caused by Pornography

By Wendy Maltz, Larry Maltz

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, The Porn Trap: The Essential Guide to Overcoming Problems Caused by Pornography, Wendy Maltz, Larry Maltz, Since the explosion of the Internet in recent years, the number of people addicted to pornography has skyrocketed. "The Porn Trap" is the first book to examine the full range of pornography-related problems, providing help for everyone from the recreational dabbler to the compulsive addict, as well as partners of addicts. In an authoritative, nonjudgmental style, sex, and relationship therapists Wendy and Larry Maltz combine an understanding of porn - its definition, its attractions and effects, its history, and the industry that creates it - with simple but effective healing strategies. "The Porn Trap" will help readers to: identify and evaluate the impact of porn, decide when it's time to quit using porn, stop using porn and never go back, rebuild self-esteem and restore personal integrity, heal a relationship harmed by porn use, and develop a thriving and satisfying sexual life without porn.

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