



Healing Is Remembering Who You Are: A Guide for Healing Your Mind, Your Emotions, and Your Life (Paperback)

By Marilyn Gordon

Createspace, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. Healing is Remembering Who You Are is an uplifting book about finding your powerful healing essence within. Practical, inspirational, and easy-to read, you ll find many specific self-healing processes and hypnotherapy techniques. There are fascinating stories and 22 excellent techniques for actual healing experiences, such as healing food and eating problems, abandonment, unworthiness, intimidation, loneliness, sexual abuse, and other challenges of life. Illustrated edition. Reviews . .a beautiful book.Marilyn Gordon writes of timeless truths.plumbs the depths of your inner being in a way remindful of Gibran. It is for everyone. Ormond McGill Dean of American Hypnotists . .one of the most valuable guides I have read toward the discovery of the authentic self Dennis Michael Harness PhD in Counseling Psychology The key to the deepest level of healing is remembering and experiencing who you really are.Marilyn Gordon s book has revealed this essential truth in a profound way. Gabriel Cousens, MD, Holistic Physician and author of Spiritual Nutrition and the Rainbow Diet and Seven-Fold Peace Marilyn is a compassionate and skilled hypnotherapist whose gift of touching people s lives comes through beautifully in...



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