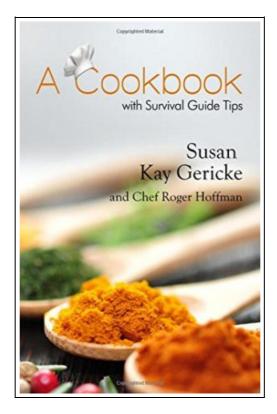
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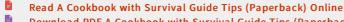
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Dorrance Publishing Co., United States, 2015. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. A Cookbook with Survival Guide Tips by Susan Kay Gericke is not your ordinary cookbook. The concept of this book is to use basic food skills to help the young adults of today learn organizational skills, not only to turn their lives around, but also to use as a tool for teaching their own children necessary skills before they enter the world on their own. Hence, the inspiration to write this book was conceived. It draws on the author s personal encounter with just such a young adult facing these very issues. The author not only provides some delicious recipes, but also some very helpful tips on time-saving, organization, food handling safety, and shopping. There is one particularly enlightening section called Did You Know You Can.? where she details some really creative ways to take some of the frustration out of certain food prep chores. This is a book not only for the novice, but even the experienced cook will find something new. About the Authors Susan Kay Gericke is a full blood Ojibwa Native Indian, born and raised in lowa as one of ten children, who learned early how to grow food, keep their homes clean and organized, and with their strong family values, help others help themselves. She enjoyed learning, and felt privileged to continue her education after high school. She later became a foster parent to eleven special needs children, after raising four children of her own, an experience for which she is grateful. In addition to handcrafts and singing opera, the author enjoys working to help special needs children receive support dogs. Chef Roger Hoffman was born in Austin, Minnesota. He served in the Air Force.



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