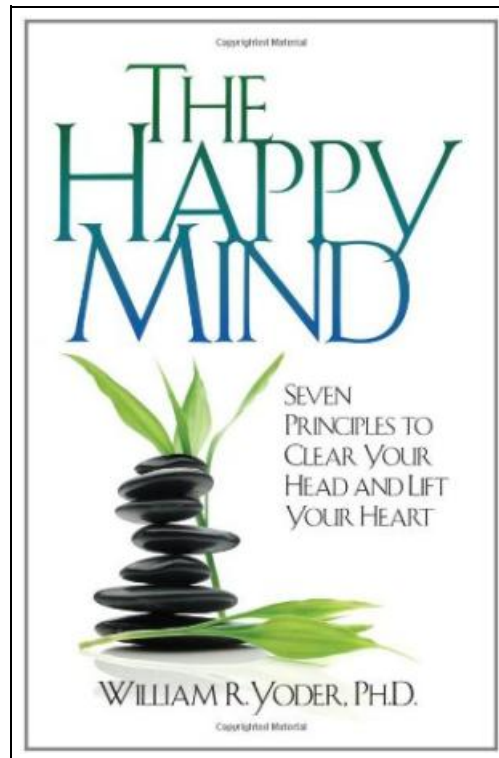


## The Happy Mind: Seven Principles to Clear Your Head and Lift Your Heart



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