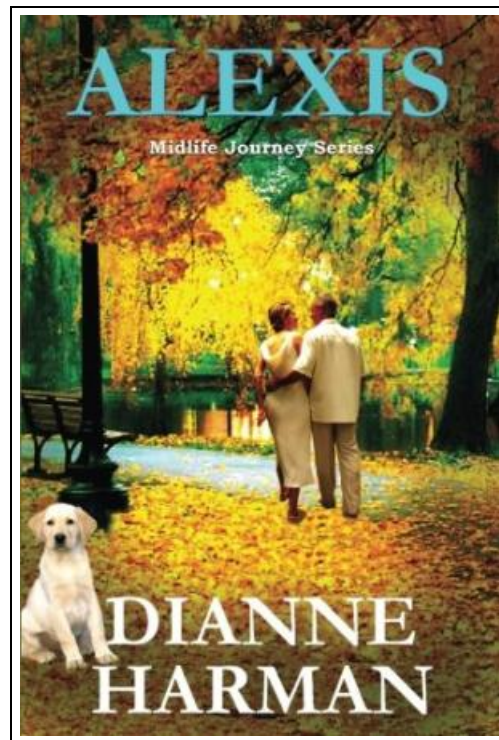


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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.USA Today Bestselling Author and seven time Amazon All Star author with her first book in the Midlife Journey Series. When her boss gives Alexis weight loss surgery as an early Christmas bonus, it sets in motion a string of events no one could have foreseen. With the surgery comes the realization that anything is possible from losing weight, working out, a complete makeover, a new wardrobe, to men in her life for the first time. Each step is terrifying as time after time she s forced to get out of her comfort zone because of all of the changes taking place. When the Alexis package becomes more appealing it brings with it an exotic sports car, a glamorous face and body, and a chance at love. But when the ex-wife of the man she falls in love with wants to reconcile with him, Alexis hard-fought midlife victory becomes a nightmare, and she resorts to returning to what used to work when she didn t want to deal with her feelings - food. Is she doomed to live a life of unhappiness or is there a happy ever after for her? You can t read about Alexis trials and tribulations without rooting for her every step of the way. Although her midlife journey forces her to come to terms with a lifetime of being overweight, her struggle of dealing with changes in midlife is one every woman will face in one form or another. This is Alexis midlife journey.

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