



## Vegetables Every Day (Hardback)

By Jack Bishop

HarperCollins Publishers Inc, United States, 2001. Hardback. Condition: New. Language: English . Brand New Book. The fresh vegetable sections in most supermarkets, farmers markets, and gourmet groceries are overflowing with an amazing range of produce, both familiar and exotic. Consumers are tempted by kale and kohlrabi, taro and tomatillos, bok choy and burdock, along with all the familiar choices. Now acclaimed cookbook author and food writer Jack Bishop offers a comprehensive A-to-Z guide to this bounty of produce, complete with selection tips, preparation instructions, and hundreds of recipes for more than sixty-six commonly available vegetables. With Bishop s expert advice, you ll learn how to coax the very best flavor from every vegetable, whether it s a carrot, cauliflower, or cardoon. Wondering how and when to buy the sweetest green beans? Bishop suggests buying at the height of summer, and selecting beans that are crisp and slim (older, thicker beans will be mealy and bland). Confused about how to cook the spring s first sorrel? Bishop offers such unique and delicious dishes as Sorrel and Potato Soup and Sorrel Frittata. These recipes -- like all 350 in the book -- are clear and uncomplicated, ensuring success for even the novice...



**READ ONLINE**  
[ 4.4 MB ]

### Reviews

*This book might be worth a read, and far better than other. It is rally interesting throug studying time period. I discovered this book from my i and dad suggested this ebook to find out.*

-- **Isobel Bailey**

*The ebook is straightforward in read easier to recognize. It is actually writter in basic phrases and not difficult to understand. You can expect to like just how the author compose this book.*

-- **Camilla Kub**