



Helloflo: The Guide, Period.: The Everything Puberty Book for the Modern Girl (Paperback)

By Naama Bloom

Penguin Putnam Inc, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. What we love most about this book (which we ll be gifting to our tween cousins, nieces, and daughters!) is the empowering message woven throughout: that your body is your body, as Bloom puts it, and you re the only one who gets to decide what to do with it. -- Full of practical advice, helpful explanations, and messages of encouragement.Period. -- From the founder of HelloFlo, a modern and insightful guide to periods and puberty for a new generation When will I get boobs? Does wearing a tampon hurt? What s the deal with menstrual cups? Seriously, when will I get boobs? Honest, funny, and unafraid of the messy, real-life facts about a girl s changing body, this is definitely not your mother s puberty book. HelloFlo founder Naama Bloom s mission is to create informed, empowered young women who are unafraid to ask questions and make the best choices for themselves and their bodies. A celebration of women s bodies and all the confusing, uncomfortable, silly, transformative, and powerful changes that occur during puberty. This full-color book--written by HelloFlo founder, Naama Bloom, and...



[READ ONLINE](#)
[3.88 MB]

Reviews

This sort of pdf is everything and made me searching forward plus more. Better then never, though i am quite late in start reading this one. You may like just how the author compose this book.

-- **Mae Jones**

Unquestionably, this is actually the greatest function by any writer. We have go through and so i am confident that i am going to gonna read through once more once again later on. I am just happy to explain how this is actually the very best book i have got go through during my individual existence and might be he greatest ebook for ever.

-- **Wilbert Connelly**