



## Emotional and Physical Trauma and Its Impact on Breastfeeding Mothers (Clinics in Human Lactation) (Volume 14)

By Dianne Cassidy

Praeclarus Press. Paperback. Condition: New. 82 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. Emotional and physical trauma have a role in breastfeeding success. But even though a mother may know that breastfeeding is best, past abuse, physical trauma, or psychological impairment may affect a mother's ability to initiate or continue breastfeeding. Since more than 20-25% of women have been sexually abused, 25% have experienced intimate partner violence, more than 50% of adolescent mothers have experienced childhood sexual abuse, and an untold number of mothers and babies have experienced birth trauma, it is likely that all health providers that work with moms and babies have clients that have experienced some form of abuse. In *Emotional and Physical Trauma and Its Impact on Breastfeeding Mothers*, author Dianne Cassidy, IBCLC-RLC, ALC, describes the different kinds of trauma and discusses ways to work with these moms. Sometimes this means helping them breastfeed, other times this means supporting whatever feeding decision works best for them and their situation. At all times, it includes listening to the mom, watching for red flags, asking questions, and building her trust. In this book, Cassidy discusses childhood sexual abuse, intimate partner violence, birth trauma in the baby, and birth trauma...



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