



## Cholesterol, Atherosclerosis and Coronary Disease in the UK, 1950-2000: v. 27

By -

Wellcome Trust Centre for the History of Medicine at UCL, United Kingdom, 2006. Paperback. Book Condition: New. 230 x 186 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Cholesterol began to be accepted after the Second World War as a significant cause of atherosclerosis and associated conditions, such as coronary heart disease (CHD). This Witness Seminar, chaired by Professor Michael Oliver, discussed the increasing understanding of its basic science. Early epidemiological studies demonstrated the relationship between excess saturated fat consumption and elevated levels of cholesterol, although cholesterol alone did not explain all population differences among gender, class, or heritage. Work on lipoprotein metabolism pointed to the establishment of hypercholesterolaemia as a major risk factor for CHD, culminating in the development of cholesterol-lowering drugs, particularly the successful statins, available in the UK from the early 1980s, and confirmed by randomized controlled trials. The role of diet in heart disease has remained controversial in the UK, notwithstanding the food industry's introduction of functional foods such as cholesterol-lowering margarine. Later, recommended limits on the composition of dietary fat were agreed, and although extreme diets could reduce cholesterol, patient conformity remains difficult. Appendices on the diet-heart hypothesis and the development...



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