



## Get Your Sh!t Together

By Ruth Field

Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. The Bltch is back. and she s brought The Grit Doctor along for the ride. What s in your handbag? To-do lists scrawled on the back of receipts? An unpaid bill? Half a chocolate bar, covered in fluff? Is your handbag a metaphor for the rest of your life? Has becoming a capable, poised grown-up turned out to be more complicated than you imagined? If you answered yes to any of these questions, and if you re tired of the crappy stuff in life grinding you down, then it s time to stop whining and Get Your Sh!t Together. With this funny, frank, and tough-talking guide, Ruth Field and The Grit Doctor will help you: Tackle daunting problems like a fearless superwomanFigure out what you want from life and find the courage to Go For ItLearn how to get more sh!t done in less timeStop feeling bad about your less-than-perfect life (because perfection s overrated anyway) She taught you how to run; now she s going to teach you how to run your life!.



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