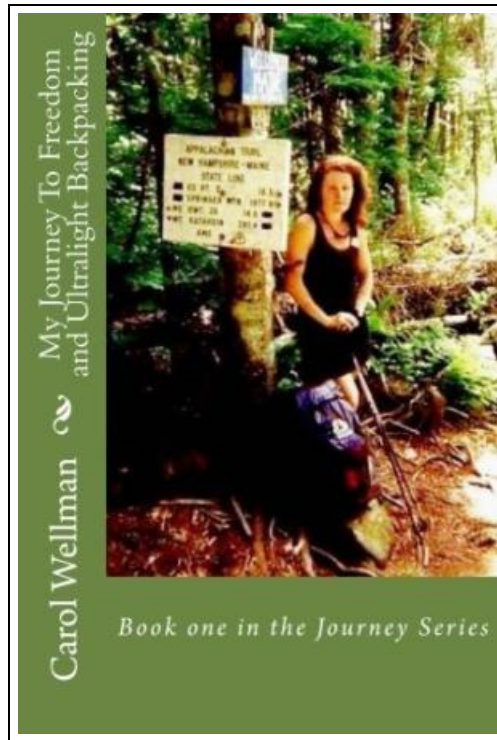


My Journey to Freedom and Ultralight Backpacking



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Reviews

Simply no phrases to spell out. It is probably the most remarkable pdf i have got read through. I am delighted to inform you that this is actually the greatest publication i have got read within my very own existence and can be he very best book for actually.
(Demarcus Ullrich)

MY JOURNEY TO FREEDOM AND ULTRALIGHT BACKPACKING



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Fire Creek Pass Publications, United States, 2013. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****.This is the inspiring account of her adventures, of hiking thousands of miles (mostly alone) from Mexico to Canada, through the Mojave Desert and the High Sierra, and then in the Appalachian Mountains from Georgia to Maine. When she hasn't been hiking, she has been designing ultralight backpacking gear; award winning gear that has been acclaimed not only nationally but internationally as well. She shares her ultralight hiking expertise here, as well as some of her designs and sewing techniques. There are detailed instructions for making 12 important gear items, including her 8 ounce silnylon backpack. She also includes her latest gear list (with weights) and information on resupply and ultralight hiking in winter. Just want to say a thumbs up to Brawny's new book My Journey to Freedom and Ultralight Backpacking. There is a lot of information regarding what she carried for the PCT and AT, ultralight gear, cook systems, shelters, clothing, etc., along with chapters on how to make your own gear. It might be helpful to some of you who are trying to eliminate the excess bulk and weight. You can read more about it and also order it on It s \$14.95 plus \$2.00 for shipping. It s autographed, too! Congratulations to Brawny for a terrific book! ----Carol Reese I picked up Brawny's book with some mixed feelings. But you know, now I can't put it down! I m SO impressed by her. She did her hikes on a shoestring budget by making/modifying most of her gear. She took responsibility for her own happiness, and she rebuilt a life as full and rich as I could ever...



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