



Pressure Cooker Cookbook: 110 Quick, Easy, and Delicious Pressure Cooker Recipes for Electric and Stove Top Pressure Cookers

By Vanessa Olsen

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do you cringe at the thought of spending hours and hours in the kitchen to make a decent meal? Do you want to become a better cook, but its just too hard, and you dont have the time or energy? Its time to try a pressure cooker!Electric and stove top pressure cookers are amazing, sealed-lid pots that actually raise the boiling point of water, so its possible to cook usually slow-cooking briskets and ribs in half the time. Because of this high-speed cooking method, more nutrients are preserved in foods like vegetables and fruit, making pressure cooking not only the fastest way to cook, but also the healthiest! This cookbook will teach you all about how to safely use a pressure cooker, the history of pressure cooking, and how to convert slow cooker recipes. It will also help you decide between totally-automatic, but less powerful electric pressure cookers versus stove top cookers, which are faster, but require a bit more work. Among the 110 recipes in this book, you will find:- Delicious breakfasts such as...

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