



Magical Journey: An Apprenticeship in Contentment

By Katrina Kenison

Grand Central Publishing. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 8.2in. x 5.4in. x 0.9in. No longer indispensable, no longer assured of our old carefully crafted identities, no longer beautiful in the way we were at twenty or thirty or forty, we are hungry and searching nonetheless. From the author of *The Gift of an Ordinary Day*, this intimate memoir of loss, self-discovery, and growth will resonate deeply with any woman who has ever mourned the passage of time, questioned her own purpose, or wondered, Do I have what it takes to create something new in my life? With the candor and warmth that have endeared her to readers, Kenison reflects on the inevitable changes wrought by time: the death of a dear friend, children leaving home, recognition of her own physical vulnerability, and surprising shifts in her marriage. She finds solace in the notion that midlife is also a time of unprecedented opportunity for growth as old roles and responsibilities fall away, and unanticipated possibilities appear on the horizon. More a spiritual journey than a physical one, Kenison's beautifully crafted exploration begins and ends with a home, a life, a marriage. But this metamorphosis proves as demanding as any trek...



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