



## Caught Prepared: Medicine, Medical and First Aid: Building the Ultimate Preparedness Medicine Cabinet

By Sam Spencer

Sam Spencer, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Caught Prepared: Medical, Medicine And First Aid Building The Ultimate Preparedness Medicine Cabinet This book is designed to put all the information at your fingertips to enable you to build The Ultimate Preparedness Medicine Cabinet. Learn: What medications one should stock in The Ultimate Preparedness Medicine Cabinet both as general and personal inventory. How to build your basic personal First Aid Kit personalized for you personal needs. How to build a complete Family First Aid Kit to include your family s life habits and chronic ailment needs. How to build an expanded First Aid Kit that will help injured friends, neighbors and injured people in a disaster. Finally learn how to accumulate a Trauma First Aid Kit that will save lives. Though this kit includes technical medical tools you will have the tools that will be made available when first responders are either unavailable or without resources. Learn of common emergencies and how to treat them. Use the exhaustive checklists to build inventory.



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