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By Paul Mott

Four CS Media, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.The male spirit hurts. It has been hurt. And for too long it has transferred that hurt to others - physically, verbally, emotionally, psychologically, spiritually - and to itself. This book is the first of its kind as it is an intimate look at the male experience as told - uncensored - by the men themselves. MenSpeak is about expressing hurt and healing it. You will read stories of men willing to reopen wounds and allow you to enter their male spirit experiences in the hopes you can heal your self too. This book is intended for all men. MenSpeak is for everyone whose male spirit longs to be expressed without harshness, criticism, sarcasm, hurt, ridicule, blame, accusation, non-acceptance, disapproval or fear. It is also for the women of these men. They finally have a chance to discover what men speak about when they are given a safe environment and an invitation to speak. This is an incredible book that delves into the psyche and spirit of men - and how this understanding can affect the...



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