



## RESCUE YOUR HAPPINESS

By Denisse Troconis Aoun

Paperback. Condition: New. 51 pages. RESCUE YOUR HAPPINESS It is a practical and simple guide that has the purpose of helping you to rebuild your life after a marriage split or separation, no matter what the origin of the event be. Every time you feel unable of overcoming that relation that left footprints, that one that is used to mark your life, obliging you to follow a pattern of victim that you do not have to play. Our goal is to assist you regaining your inner happiness. This is a book which will help you to raise your self esteem. It will provide you the teachings and wisdom you require to grow as an individual and to value yourself. In the same manner, it will supply you the necessary tools to void repeating past mistakes. As a matter of fact, one of the biggest obstacles that is used to astray from your happiness is your own lack of love and esteem. Besides, the fear to change, loneliness, and specially to have a failure. It is that fear that voids that you fight for your own well being, for that love that shows up with hope again and is rejected by...

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